



North Tipperary Children's Disability Network Team (CDNT)

Waiting List Support Initiative



8th October 2026

Dear Parents/Guardians,

We are writing to you because your child is currently on the waiting list for the North Tipperary Children's Disability Network Team (CDNT).

We are pleased to let you know that we are running another webinar for families waiting on our service:

Sleep Workshop

Aimed at children between 0-12 years

Online, Monday 2nd November at 7pm

OR

18th November at 10am

See flyer below for more information

To secure a place on one of these webinars you must book by 19th October as places are limited.

To book a place please email groups.ntcs@hse.ie letting us know the email address to send the webinar link to and the name of your child. As places are limited places will be allocated on first come first served basis.

Please note that you will only receive the link to the webinar if you have booked a place, and this will be sent to you the week before.

Webinars are only available to families who receive an invitation.

We hope these webinars provide useful support while you await services.

If you have any questions, need to update your contact details, or no longer require our service, please contact 067 40130 or email reception.ntcs@hse.ie.

It is important to note that these webinars do not affect your child's place on the waiting list and unfortunately does not mean that we are able to take your child off the waiting list just yet.

At our last Waiting List Initiative webinar we had a large number of people who booked places but did not turn up on the day so please only book a place if you are available to attend, or if you do book a place and cannot attend, please let us know so that we can offer the place to someone on the waiting list.

Yours sincerely,

Ann Somers

North Tipperary Children's Disability Network Team Manager



thesleepcharity.org.uk

Sleep Workshop

**Does your child suffer with sleep problems?
Do you want to access support to help to improve bedtime?**

Join us on our Sleep Workshop

Monday 2nd November at 7pm

OR

18th November at 10am

We will explore sleep issues, the impact this can have on the children and family and some practical strategies to help.