



North Tipperary Children's Disability Network Team (CDNT)

Waiting List Support Initiative

22nd October 2026

Dear Parents/Guardians,

We are writing to you because your child is currently on the waiting list for the North Tipperary Children's Disability Network Team (CDNT).

We are pleased to let you know that another webinar for families waiting on our service have been arranged:

Toilet Training for Children with Complex Needs

Aimed for parents of children 7-18 Years of age

Online, Tuesday 17th November 2026 at 6.30pm

See flyer below for more information

To secure a place on one of these webinars you must book by 4th November as places are limited.

To book a place please email groups.ntcs@hse.ie letting us know the email address to send the webinar link to and the name of your child. As places are limited places will be allocated on first come first served basis.

Please note that you will only receive the link to the webinar if you have booked a place, and this will be sent to you a few days before.

Webinars are only available to families who receive an invitation.

We hope these webinars provide useful support while you await services.

If you have any questions, need to update your contact details, or no longer require our service, please contact 067 40130 or email reception.ntcs@hse.ie.

It is important to note that these webinars do not affect your child's place on the waiting list and unfortunately does not mean that we are able to take your child off the waiting list just yet.

Yours sincerely,

Ann Somers

North Tipperary Children's Disability Network Team Manager

Toilet Independence for Complex Needs

A PATHWAY OF SUPPORT

FOR CHILDREN & ADOLESCENTS

AGED
7+ UP TO
18
YEARS

A practical, supportive workshop for parents and carers of children and adolescents aged 7+ up to 18 years with complex needs.

Learn a step-by-step toilet independence pathway and how to support your child or young person to meet all their toilet independence goals.



This workshop will help you to:



UNDERSTAND

the toilet independence pathway for older children and young people with complex needs



BREAK DOWN

steps and create individualised, achievable plans



SUPPORT

independence, confidence and self-advocacy



MANAGE

challenges and setbacks with practical strategies



ADDRESS

smearing, holding and bedwetting with the right approaches and support.



Practical strategies. Real-life solutions.
You are not alone on this journey.



WHERE TO GET PHYSICAL SUPPORTS

We'll guide you on accessing incontinence wear and other continence products, plus local and national resources to help your child or young person feel comfortable, confident and supported.



KEY SOURCES OF SUPPORT

- HSE continence services
- GP / Health Visitor
- Community continence teams
- Specialist equipment suppliers
- Local authority support
- Charities and online resources



FOR PARENTS & CARERS OF
CHILDREN AND YOUNG PEOPLE
WITH COMPLEX NEEDS



FOR CHILDREN ON THE WAITLIST
FOR CHILDREN'S DISABILITY
NETWORK TEAM SERVICES



Information. Support. Hope.

