

Newsletter



St Gabriel's Treehouse - Children's Disability Network Team

Manager's Message

Dear Families,

Welcome to another edition of our newsletter. I look forward to meeting you at our next Family Network Meeting. The Treehouse Team work hard to provide assessment, therapies and supports to the many children and their families that attend our service and we are currently running webinars for those families waiting to access the service. We hope that you find the information in this newsletter helpful.

Kind regards,

Nicola Horan Breen



Family Network Meeting

A Family Network Meeting is a collaborative, family-led session designed to bring together families, support networks, and service providers (such as Children's Disability Network Teams) to share experiences, exchange information, and influence service improvements.

These meetings provide a safe space to discuss general issues, connect with others, and elect representatives. The CDNT family representatives will attend and give an update from Regional Network Meetings. We aim to hold these meeting quarterly

**Next Family Network Meeting: 14th of September from 9.30am to 11am
in St. Gabriel's Foundation ; shared via message to families
Further information on this short video**



Intro To Services Meeting

As part of the referral process, we would like to invite newly referred families to an Information Session designed specifically for parents/carers of children who have been newly referred to our service. The purpose of this session is to share information with you on the model of our service and how we provide supports and interim access to supports while waiting for an initial contact appointment. We strongly encourage you to attend when you receive an invitation letter



Entrance To
Services Booklet

Next Intro to Services meeting is scheduled for : 11th of September from 9.30am to 11am in St. Gabriel's Foundation ; shared via message to families

Recent Events

Disability Matters

The Joint Committee on Disability Matters visited Gabriel's Foundation in July 2026. The purpose of the visit was to enhance the Committee's understanding of the range of services and supports available to people with disabilities and an opportunity to engage directly with service providers, staff, service users. We would like to thank our family reps who attended on the day.

Toilet Training

For parents to attend when you need support and advice when toilet training your child. We utilise the One Step at A Time Programme to advise parents on a 5 step approach to enable you to assist your child in learning the skill of using the toilet.

GSFS SENO Talk

Treehouse facilitated the **Get Set For School** Special Educational Needs Organiser (SENO) Talk for those starting school in 2027. This talk is designed to help you explore what school options are available, what supports are available for children with additional needs and how to apply for these supports

USEFUL TIPS ON TOILET TRAINING



Meet your Psychologists

We currently have 4 full-time Psychologists, Niamh, Sarah, Aoife & a vacant post. Psychologists work with children in various settings, including clinical, school environments and the home. A psychologist assesses a child's needs and provides support with emotions, behaviour, learning, and education.

Waitlist Families

It is important that you please let us know if your address, phone number or email address has changed since your original referral to us



Just A Minute



For more information on JAM Cards

What is JAM Card?

Just. A. Minute. That is what JAM Card stands for and that is what it gives you - just as much time and patience as you need in public or social situations.

You can show your JAM Card while you are shopping, ordering food, visiting a bank, using public transport and much, much more. As long as the business in question is JAM Card Friendly, they will know what your cards means. It's a simple idea that makes a big difference.

Upcoming Group Sept- Dec

Gestalt Language Processing Group

The Gestalt Language Processing Parent Training provides an overview of what gestalt language development is, includes a parent-led discussion about your child's language profile, and offers strategies to support language development. An optional individual follow-up session is offered if further support is required.

Hanen More Than Words

More Than Words is a practical and supportive programme that gives you simple ideas to help your child's communication, interaction and play. You'll learn how to build communication into everyday activities and routines, using things you already do together. The programme helps you understand how your child communicates and gives you strategies to create more opportunities to connect, communicate and have fun together.

All About Autism

All About Autism aims to support parents/guardians in the period after autism diagnosis, empowering you to support your child. The content of the course will include information to help you to understand autism, develop an understanding of sensory differences and learn strategies to support emotional regulation.

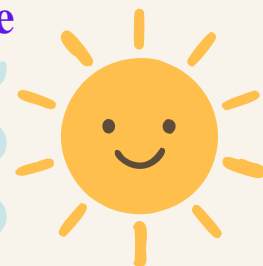
Understanding Autism

Understanding Autism Programme for parents of children who have received a diagnosis of Autism. This programme has been designed to support you in understanding your child's unique strengths, needs, and ways of experiencing the world. It provides practical information and evidence-based strategies that can help you feel more confident in supporting your child at home, in school, and in everyday life.

Splash Hydrotherapy

Promotes physical activity in a positive and fun way. Improve balance, strength, endurance and agility in the water. Develop organisational skills. Develop personal care routines. Offer opportunities to promote social interaction through shared play activities in the pool. Supporting communication in real-life scenarios.

St. Gabriels's Foundation Summer Programme



With HSE funding support, St. Gabriel's Foundation was delighted to put together a fun filled summer programme. This pilot project was targeted at the 9-12 age group and ran over July and August. The aim was to provide camps that were fun, engaging and inclusive while offering the additional support required by the children. Activities included Swim Camps, Multi activity camps, Learn to Cycle camp, Farm & Equine Camp, LEGO Camp, Social Skills Camp, Art Workshop, Sports Camp, Rowing Camp, Wall Climbing Taster, Gym & Lifting Camp, and a Games & Hobbies Workshop. Each programme has provided unique opportunities for learning, creativity, friendship and adventure, supporting participants to grow their confidence, develop new skills and make lasting memories. 68 children applied for the programme and were offered camps to suit their interests. We were lucky enough to utilise amazing facilities such as St. Gabriel's School as the base for the activities, St. Paul's school outdoor pitch, the onsite Hydropool and off site locations like The Factory in Galvone, City Gym and UL. A huge thank you to our dedicated staff, facilitators and families for making this year's Summer Programme such a success.

Hopefully this is just the beginning !!



Your Children's Disability Network Teams Current Vacancies

We currently have vacancies in Psychology & Occupational Therapy.

Vacant posts can be applied for at:
<https://stgabriels.ie/contact/>

Individual Family Support Plan (IFSP)

The IFSP is developed in partnership between families and CDNT. The plan brings together the child's and family's strengths, needs, priorities and desired outcomes, alongside the knowledge and expertise of the team, guiding shared goals and supports across everyday environments.



WATCH NOW

You can find out more about IFSP's here:



Contact Details of Community Based Supports; *Parents have shared these and given positive feedback*

- <https://www.dochasautism.ie/> **Has a new gym, social clubs**
- <https://www.asdireland.ie/> **Social & sport activity groups**
- <https://limericksports.ie/inclusion-club/> **Social & Sport activity groups**
- **Suas - Wall Climbing** - <https://suasclimbing.ie/>
- **Inclusive powerlifting training** - **Urban Barbell**
- **Horse Riding Liskennett** - <https://www.sjf.ie/What-We-Do/Facilities/Liskennett-Farm>
- <https://www.gathering.ie/> - **Board Games**
- **Jigsaw** - <https://jigsaw.ie/> - **Mental Health Support**
- **Solace Cafe** - <https://limerickmentalhealth.ie/> - **Mental Health Support for adults**