

# WEST LIMERICK CHILDREN'S SERVICES NEWSLETTER

## Greetings From WLCS

WLCS are committed to supporting an inclusive environment and development of activities within the community. The team continue to engage with our community partners regarding activities and clubs for children/young adults attending the service within the community

The information on these activities are regularly posted in our waiting rooms and on the website [www.mwcdcs.ie](http://www.mwcdcs.ie)

## Family Forum:

WLCS remain interested in developing a Family Forum. Please contact 069 61919 for further information

There is also information on the website [www.mwcds.ie](http://www.mwcds.ie)

Welcome  
SPRING



MARCH 2026

# NEURODIVERSITY WEEK

March 16<sup>th</sup> to March 20<sup>th</sup> we celebrated Neurodiversity week!

Neurodiversity week is about recognising, celebrating, and normalizing neurological differences—such as autism, ADHD, dyslexia, and dyspraxia—as natural variations of the human experience. It focuses on shifting the narrative from deficits to strengths, fostering inclusive environments in schools and workplaces.

Celebrities and public figures who are neurodiverse:



Greta Thunberg  
Autistic Climate Activist



Simone Biles  
Gymnast with ADHD



Cara Delavigne  
Dyspraxic Model and actress

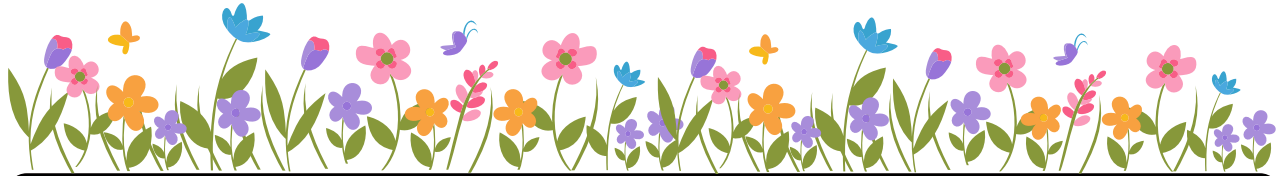


Lewis Capaldi  
Singer with Tourette's Syndrome



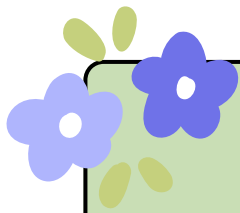


# Go Green for Cerebral palsy



## **Cerebral Palsy Awareness Day - March 25<sup>th</sup>**

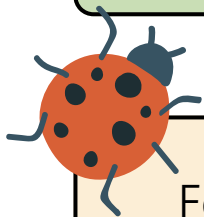
March 25th marked Cerebral Palsy (CP) Awareness Day, a day dedicated to increasing understanding, promoting inclusion, and recognising the individuality and strengths of people living with cerebral palsy.



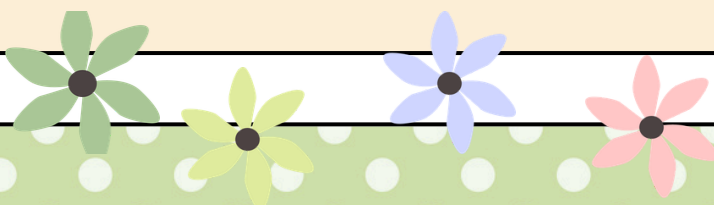
### **On CP Awareness days:**



- Wear green, the colour associated with CP awareness
- Share information to promote understanding
- Reflect on how small changes in accessibility and attitudes can make a big difference
- Celebrate the individuality, strengths, and achievements of children and families



For more information on Cerebral palsy, please visit:  
<https://www.cerebralpalsyfoundation.org/who-we-are/>



APRIL 2026

# AUTISM AWARENESS DAY

April 2<sup>nd</sup> is World Autism Awareness Day

World Autism Awareness Day is a day to raise global awareness, promote acceptance, and advocate for the rights and inclusion of autistic individuals. It highlights the need to embrace neurodiversity, improve the quality of life for autistic people, and combat discrimination worldwide.

Useful Websites for Autistic individuals:  
(please scan)



National Autistic  
Society



AS I AM



Middletown  
Autism

# Domain Youth Club



**A safe, inclusive, and welcoming space in the heart of our community. We offer a place to belong, where you can unwind, explore new interests, and meet new people!**

**(For secondary school children)**

**When:** Every Thursday, from 5.30pm - 7.00pm  
(During the school term)

**Where:** The Youth Space, Adjacent to Newcastle West community centre

**Contact:** West Limerick Children's Services on  
069 61919

