

SOUTH CITY, CDNT

NEWSLETTER



Managers Message

Dear Families,



It is my pleasure to welcome you to the first newsletter of the year. I am delighted to have joined the South City Children's Disability Network Team. It is a real pleasure to work with the team to support families attending our service. I know how important the partnership between families and our team is and I'm looking forward to continuing to build those relationships. I am very conscious that some families are currently waiting to access services, and we appreciate your patience and understanding. We remain committed to collaborating with parents, carers and colleagues as we continue to support every child to reach their full potential.

Lizette Marais

Lizette Marais,
St. Gabriel's Foundation South City,
Children's Disability Network Team

● Join Our Next Family Forum

Please join us on **Monday 18th May** for our next **Family Forum**. Invites will be sent via text message and will confirm location & time.

A *Parent Representative* is a parent or family member who volunteers to represent the views, concerns, and ideas of other families who use CDNT services. They take part in Family Forums and work in partnership with the team to help improve services.

Your parent reps for South City are *Aisling Hurley & Paula Quinn*.

There are now resources and links to information and supports available on our website. Take a look at:



Meet our Physiotherapist

We have one full-time Physiotherapist on the team-Kate.

Physiotherapy supports children to develop movement skills & build body confidence so they can take part in everyday activities. We work with children across a range of settings home, school & clinic environments.

Physiotherapy focuses on areas such as gross motor development, strength, balance, coordination and mobility. We support children with skills including sitting, crawling, standing, walking & participation in play & physical activity.

We also provide support & advice around equipment, including orthotics, walkers & standing frames to promote independence & comfort.

We offer a range of group programmes to support movement, confidence & participation.

- Little Adventurers (gross motor play)
- Hydro Heros & Splash (hydrotherapy)
- South city Cyclers (cycling skills)
- Get Going, Get Rowing (inclusive rowing)



We run joint clinics with other clinicians. We are passionate about supporting each child to participate in meaningful activities.

● Upcoming Events

Invitations to these events are based on the goals in your child or family's IFSP and current waiting lists.

If you think an event might be a good fit and it is not already on your plan, feel free to get in touch with the team – we'd be happy to chat with you about it.

April

-  **Art Lab- Fine Motor Group**
-  **Young Person Advisory Group**
-  **TD Snap AAC Device Clinic**

May

-  **Hanen More Than Words**
-  **Early Bird**
-  **Transition to Primary School**
-  **Circle of Security**

June

-  **Early Bird continued..**
-  **Being Me**
-  **Circle of Security continued..**



Coffee Morning Update

We had a very successful coffee morning on Family Carer's Ireland joined us and gave parents.....We look forward to supporting families in establishing a group.