

Helium Arts

Do you know a child aged 8-12 with a lifelong physical health condition who'd love to connect with others and get creative?

At Helium Arts, we run **free art workshops for children and young people with lifelong physical health conditions** like diabetes, epilepsy, spina bifida, heart conditions, juvenile arthritis, rare conditions, and more.

Through art, these children can **build confidence, make friends, and just have fun!** Our workshops are led by professional artists, supported by friendly volunteers, and include an **on-site medic at every session to ensure a safe and secure environment** for all participants. Here's what one parent had to say:

“Being connected to other kids with various conditions is great for her. In normal life, she's the only kid she knows who even has to take daily medication of any kind.”

Our **Easter Camp in Ennis** will be held from **15th - 17th April** at **C.B.S Primary School, Ennis**. We'd love your help in spreading the word—please share this email with families who might be interested!

Bookings are now open, and you can sign up using the link below.

[Sign up today!](#)