



St. Joseph's  
Foundation



St. Joseph's Foundation together with the HSE are delighted to announce that our facilities on Main campus will be open to families with a child or adult with Autism and/or a disability on the dates highlighted below

# Sunday Alternative Family Respite Day

Main Campus, Baker's Road,  
Charleville, Co. Cork. P56 KD26



**FREE**  
ACTIVITIES

**Sundays 15th February  
& 22nd March 2026  
9.00am to 3.30pm**

BOOKING  
ESSENTIAL



**Hydrotherapy Pool**

<https://sjfswimming.simplybook.it/>



**Horse Riding - a Special Experience**



**Indoor Sports Hall, All-weather  
outdoor pitch and walking track**



**Putting Green - fun challenges for everyone**



**The Nest**

- tea, coffee & tasty snacks



**Music Therapy Demonstration**

- available in the Sports Hall  
from 11.00am to 14.00pm



CHY 7416

CRN: 20016104

A safe, inclusive space where every family is welcome.  
Come for an hour or stay all day - it's your Sunday, your way