

Understanding my Support Needs A Guide



This guide is about a meeting and a form called Understanding my Support Needs.



The HSE might ask to have a meeting with you if you are moving to a day service.
A person from the HSE will fill out the form with you.



The meeting and form collect information about you and about your support needs.



This helps us work with you to find the right day service for you.



You will have support for the meeting.

Some people that know you well might be asked for information.



It might take more than one meeting to collect all the information.



You will be asked about yourself, your interests, and things you like to do.

You will be asked about the supports you need to do different things.



Do not be nervous or worried, this is not a test.

Please answer all the questions honestly.