

	East Limerick Children's Services	
	Family Network Meeting	

Hello All,

Our next **Family Network Meeting** is coming up soon on

Date: **Thursday 6th November**

Time: **10.30 am**

Location: **Kilmurry Lodge Hotel**

This time round we hope to get an idea of number planning to attend in advance, so we are asking you to book your **FREE** Ticket via **Eventbrite** at the following link by **Tuesday 4th Nov.**

<https://www.eventbrite.ie/e/1814052051519?aff=odtdtcreator>

We also have decided to have a **Focus Topic** for a few minutes the day and this time it will be on: **"Building a Positive Relationship with Food"**

This intervention program uses a mix of research-based approaches to manage restricted diet such as Responsive Feeding therapy and the Sequential Oral Sensory (SOS) approach to feeding. Possibly up to 80% or even 90% of children with developmental differences have restricted diets or can be 'picky' or 'fussy' eaters. Extreme picky eating can have an impact on social, emotional, behavioural, physical development, affecting growth and cause family conflict and stress. The program aims to help families discuss their concerns with other families, decrease anxiety, stress and power struggles, establish a structured routine and build skills.

Finally, as you may know we also require **Family Network Representatives**, as some of our previous representatives are no longer available to do so. We thank them most sincerely for their time and effort over the last 2 years working on behalf of all families.

To this end, please find link to information with respect to the role ([Family Network Reps. etc](#)) and if you were interested in self-nominating or nominating someone else (with their permission) please contact either myself (Brian O'Flanagan) or CDNM (Nicola Haran Breen) by ringing or email reception on 061-603400 / elcs.reception@avistaclg.ie to discuss the process.

If you have any questions, please do not hesitate to contact us on 061-603400.

Please remember to reserve tickets on Eventbrite ...

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On behalf of East Limerick CDNT

Brian O'Flanagan

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