

Newsletter



West Limerick Children's Services Disability Network Team



Managers Message

Welcome to the first West Limerick Children's Disability Network Team (CDNT) Newsletter. This letter was developed in response to feedback from families who attend CDNT services. I would like to thank our family rep Sharon Noonan who worked with us in developing this Newsletter. We hope to send out a Newsletter about 3 to 4 times a year. I hope that you find it informative and useful.

Nicola McMahon

Nicola McMahon
CDNT Manager



Meet Your Children's Disability Network Team

The team has clinical, administrative staff and a caretaker. Disciplines include Speech and Language Therapists, Occupational Therapists, Psychologists, Physiotherapist, Social Workers, Social Care Worker, Early Education and Therapy Assistant. At times, the team have Assistant Psychologists and Students.

Summer Holidays Tips for Parents

Summer can be a challenging time for many families. With school routines on pause and long days to fill, it's natural for things to feel a little unsettled.

With a bit of planning and support, summer can also be a time for fun, connection, and new experiences. Here are some helpful tips and resources to make the most of the holidays.

scan here



Your Family Forum

The Family Forums take place 3 times a year and your attendance is highly valued as it helps strengthen our connections to improve services. We encourage parents to participate and share their perspectives

We currently have one Family Rep sitting on the Regional Rep group and would welcome other parents interested to contact us. For more information on Family Forums, please go to the website www.mwcds.ie or scan below.



Where: Online

When: Monday 16th of June at 10am

If interested, please contact reception with your email address for the link (069) 61919



Groups (By Age)



IMPORTANT
INFORMATION

Invitations to the below groups are based on goals identified in your IFSP and the waiting lists for these groups. If you think one of these might interest you, and you are not already on the waiting list for that group, please do contact the team to discuss if that event might be appropriate for your child. Unfortunately, we are not currently in the position to offer to those on the waiting list for services.

0 - 3

- Baby Massage program
- Circles of Security

3 - 6

- Toileting Parent Group
- Transition to Primary School Group
- Information Session about AAC
- Fussy Eaters
- Visuals Parent Group
- Early Bird

6 - 12

- Cygnet
- Learn to Cycle Group
- Transition to Secondary School Group
- Anxiety Group (for children transitioning to secondary school)
- Neurodiversity and me

12 - 18

- Summer Camp (Age 15+)
- Operation Regulation
- Liskennett Equine Therapy



Parenting resources and information

LoveParenting.ie is a Limerick-based website offering parenting support, resources, and information for families. It provides age-specific guidance, access to local parenting programs, and practical tools to help parents through every stage of their child's development. Visit the website by following the link below or scanning the QR code.



www.loveparenting.ie

Other Useful Websites

- For siblings of children and adults with disabilities: <https://www.sibs.org.uk/youngsibs>
- Evidence-based advice, resources, and guidance for autistic people and their families: <https://asiam.ie/>
- Cerebral Palsy Foundation: <https://www.cerebralpalsyfoundation.org/>