

Hi,

Tipperary Sports Partnership are delighted to host Tipperary SportsAbility Day on Friday 18th August from 11am-1pm in Presentation Sports Complex, Thurles.

The aim of Tipperary SportsAbility Day is to increase awareness of sport and physical activity opportunities for people with disabilities.

Tipperary SportsAbility Day is open to people with a disability, families, teachers, disability services, sports coaches, health and fitness professionals, youth club leaders or anyone interested in inclusive sport or physical activity for people of all abilities.

Tipperary SportsAbility Day will showcase a wide range of physical activities presented to you by local sporting clubs and community groups across Tipperary, along with National Governing Bodies of Sport.

For more information on Tipperary SportsAbility Day, please contact Sports Inclusion Disability Officer Tommy Dorney: tdorney@tipperarysports.ie or 0871804191

WHAT TO EXPECT?

ACTIVITY TASTER SESSIONS:

- Come and try sessions are open for people to try an activity or sport in a fun and safe environment.

INFORMATION & ADVICE:

- Providing information on clubs and groups who support people of all abilities.
- Supporting clubs and community groups who would like to increase their knowledge and skills in providing activities for people with a disability.
- If you would like to host an information stand at this year's event, please email: tdorney@tipperarysports.ie or 0871804191

Places are limited so be sure to secure your booking by clicking this link:

<https://www.eventbrite.ie/e/sports-ability-showcase-tickets-680019746367>

I would appreciate it if you could make your community aware of this event.

**Tommy Dorney - Sports Inclusion Disability Officer,
Tipperary Sports Partnership, Civic Offices, Limerick Road, Nenagh, Co. Tipperary.**

Tel: 052 6166445 / Mob: 0871804191 Email: thomas.dorney@tipperarycoco.ie

