

Your Child/Adolescent's Worries & Anxieties



ANXIETY WORKSHOP

When?

Thursday, September 3rd 2020 from 10am – 12 noon

Or

Thursday, September 17th 2020 from 10am – 12 noon

Where?

This online workshop is accessible via Laptop, PC or Mobile app. A link will be emailed to parents/guardians/carers who register to attend the workshop. IT assistance will be available, on request.

For whom?

Anxiety workshop for parents/guardians/carers living in Limerick City & County whose children/adolescents experience worries/anxieties.

By who?

Primary Care Child & Family
Psychology service.

To register your interest in attending contact:

Angelika Trebicka, Assistant Psychologist: **061 461791**

Oisín Carey, Assistant Psychologist: **061 461789**

Myles Sammon, Assistant Psychologist: **061 461788**

Martin Browne, Assistant Psychologist: **061 461816**