



Limerick Children's Services

Blackberry Early Intervention Services
Blackberry School Age services

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PLAY DOH RECEIPES

• **PLAY CLAY (WITHOUT FLOUR):**

1 cup baking soda

1/2 cup cornstarch

2/3 cup warm water

food coloring or poster paints

shellac or clear nail polish

Mix baking soda and cornstarch in pot. Add water and stir until smooth. Cook over medium heat, boil and stir until "mashed potato consistency". Pour onto board to cool. Knead when cool. For color, knead food coloring into clay (after cooled) until blended, or paint after finished molding. When your shapes are dry, you can brush with shellac or clear nail polish.

Notes:

- hardens quickly
- will store in airtight container for several weeks

CORNSTARCH DOUGH:

1/2 cup salt

1/2 cup hot water

1/2 cup cold water

1/2 cup cornstarch

Mix salt and hot water and boil in pot. Stir cold water and cornstarch in a separate bowl. Add cornstarch mixture to boiling water and stir. Cook over low heat, stirring until "pie dough consistency". Remove from heat and place dough on board. When cool, knead dough until smooth. Have fun playing!

Notes:

- texture is grainy

- hardens in 1-2 days
- dough will be white
- to speed dry, put in 200 degree oven for 1 hour
- will keep for a long time if stored in a container

SNOW PLAY DOH:

1 cup Ivory Snow laundry detergent

2 cups warm water

food coloring

electric hand mixer or egg beater

Add food coloring to warm water, then add to laundry detergent. Mix well with beater until fluffy. Use just like regular play doh.

Warning: Could be toxic if ingested

SCENTED PLAY DOH: (smells awesome and the kids LOVE IT!)

1 package of sugar free gelatin; .3 oz size (use any flavor you want, as the dough will have that scent when done; I believe you can replace the gelatin with a Kool-Aid packet instead for even more scented varieties!)

2 cups flour

1 cup salt

4 tablespoons cream of tartar

2 cups boiling water

2 tablespoons cooking oil

Mix dry ingredients together in pot, add the boiling water and cooking oil. Stir over medium heat until it forms a ball. Let it cool. Keep in air tight container in refrigerator when not playing with it.

CHOCOLATE SCENTED PLAYDOH:

1 1/4 cups flour

1/2 cup cocoa powder

1/2 cup salt

1/2 tablespoon cream of tartar

1/2 tablespoon cooking oil

1 cup boiling water.

Mix flour, cocoa powder, salt, and cream of tartar together. Add cooking oil and boiling water to mixture. Stir quickly and mix well. Cook over low heat until dough forms a ball. When cool, mix with your hands. Store in airtight container.

Note: It smells good enough to eat, but tastes awful! Is NOT EDIBLE.

MICROWAVE PLAY DOH: (scented, if use Kool Aid)

6 tablespoons cream of tartar

3 cups plain flour

4 tablespoons cooking oil

1/2 cup salt

3 cups water

food coloring/powder paint/or Kool Aid packet

Combine all ingredients in microwave proof dish and beat until smooth. Cover with cling wrap and microwave on high for 7 minutes, stirring half way through cooking. If the mixture is still gooey, microwave for another minute. (Since all microwaves are different, be sure to watch the dough while cooking). Cool and store in airtight container in the refrigerator.

GINGERBREAD PLAY DOH: (scented!)

1 cup flour

1/2 cup salt

2 teaspoons cream of tartar

1 cup water

1 teaspoon vegetable oil

lots of cinnamon, allspice, ginger, nutmeg!

Mix the flour, salt, and cream of tartar together. Play with the spices until you get the scent and color you want, and add to dry ingredients. Mix water and oil together FIRST, then add them to the dry ingredients and stir. In a pot, cook the mixture for 2 to 3 minutes, stirring frequently. The

dough will start to pull away from the sides of the pot and clump together. Take the dough out of the pot and knead it until soft and smooth. Allow to cool and store in an airtight container.

"NUTTY PUTTY": (EDIBLE!!)

3 1/2 cups peanut butter

4 cups powdered sugar

3 1/2 cups corn syrup or honey

4 cups powdered milk

chocolate chips (optional)

Mix the ingredients. Divide into 15 to 20 portions and refrigerate in plastic bags. After washing their hands, have children mold and shape the dough on waxed paper. Provide chocolate chips to be used as decorations if desired. Play with it and let them eat it!

OTHER FUN RECIPES... PAINT, "GAK", "GLOP", "FLUBBER" (etc.)

FUN AND INEXPENSIVE FINGERPAINTS:

1. Flavored pudding

2. Liquid starch and tempera paint. (if necessary, thicken with cornstarch)

Warning: Could be toxic if ingested

3. Ivory Snow flakes and enough water to make it "gloppy".

Warning: Could be toxic if ingested

4. Corn starch and water until a "glue consistency". Cook until clear gel consistency.

5. Mix 1 quart boiling water, food coloring, 1 cup cornstarch, and 1/2 cup Ivory Snow. Cook briefly.

Warning: Could be toxic if ingested

SOAP FLAKE FINGERPAINTS:

1 cup Ivory Snow flakes

enough water to give a "whipped cream consistency"

food coloring

Mix the water and soap flakes. Beat with a rotary beater until creamy. Add food coloring for different colors.

Warning: Could be toxic if ingested

COOKED FINGERPAINTS:

1 cup flour

2 teaspoons salt

3 cups cold water

3 cups boiling water

food coloring

Mix the flour and salt in an electric skillet. Add the cold water and stir until smooth. Add the hot water and stir until boiling. Boil until clear. Then add desired food coloring. Mix until smooth.

UNCOOKED FINGERPAINTS: (textured!)

1 cup flour

1 1/2 teaspoons salt

1 cup water

food coloring

Mix flour and salt, add water. Mixture will be "grainy".

CORNSTARCH FINGERPAINTS:

3 tablespoons sugar

1/2 cup cornstarch

2 cups cold water

food coloring

soap flakes or liquid dishwashing detergent

Mix sugar and cornstarch in saucepan. Turn heat on low, add cold water and stir until mixture is thick. Remove from heat. Divide mixture into 4 or 5 portions, spooning into muffin tin sections or small cups. Add a few

drops of food coloring and a pinch of soap flakes, or a drop of dishwashing liquid to each cup. Stir and cool before use. Store covered.

Warning: Could be toxic if ingested

WASHABLE FINGERPAINTS:

1 cup all-purpose flour

1 cup cold water

3 cups cold water

food coloring

In large saucepan, mix the flour with 1 cup cold water. Stir until smooth. Then add the 3 cups cold water. Cook over medium heat, stirring until mixture thickens and bubbles. Reduce heat and simmer 1 minute more, stirring constantly. Divide into 3 heat-resistant bowls. Tint with food coloring. Cover and cool.

WASHABLE WINDOW PAINT:

Tempera paints (powdered or pre-mixed)

clear dishwashing liquid

Mix powdered paint with dish soap until it resembles "house paint", OR, mix just a little dish soap into premixed paints. Line the window sash with masking tape and be sure to spread newspaper around to protect the area. To erase paint, or touch up mistakes, just wipe paint away with a dry paper towel.

Warning: Could be toxic if ingested

"FLUBBER":

4 teaspoons Borax (find in cleaning supplies or laundry isle of grocery store)

1 cup warm water

lots of food coloring

2 cups white glue (craft stores sell it by the gallon)

1 1/2 cups VERY hot water

In a small bowl, mix the Borax with the warm water. Stir with fingers to dissolve. Add lots of food coloring as it seems to absorb it.

In a large bowl, pour the glue into the hot water (as hot as you can get it without burning yourself). Stir with your fingers as you add the glue.

Slowly add contents of the Borax bowl to the glue bowl, mixing with your fingers constantly. There will be a cool chemical reaction as the Flubber solidifies. Keep stirring and mixing until it no longer sticks to the sides of the bowl. Pour off excess liquid (there usually is).

Begin playing! Store Flubber in an airtight container. It will keep for about 2 weeks.

Note: it may stain fabrics and clothes when fresh, so keep it away from carpeted areas and wear smocks or old shirt.

Warning: Could be toxic if ingested

"GAK" (HOMEMADE SILLY PUTTY):

1 cup white glue (Elmer's)

1 cup liquid starch

food coloring

Put glue and food coloring into plastic container. Add starch a little at a time, stirring constantly. Keep stirring until mixture holds together like putty. Test with your fingers, if too sticky, add more starch in small amounts until mass is smooth and rubbery. Now, have fun playing with it...stretching, pulling, bouncing, making transfers of the Sunday comics. Store in airtight container.

Warning: Could be toxic if ingested

"GOOK" (SIMILAR TO "GAK"):

liquid corn starch

white glue (Elmer's)

food coloring if desired

Mix the two items together until it has a thick, slippery feeling.

To play: Moosh and squeeze, see how funny it feels!

Warning: Could be toxic if ingested

CORNSTARCH AND WATER: (NOW THIS ONE IS FUN!!)

Mix cornstarch and water until it has a thick, watery feeling.

To play: It will feel dry when you pick it up, but turns "goopy and watery" as you squeeze it and let it drip through your fingers. It is pretty wild! Store in covered container. If it dries out over time, you can revive it by adding a small amount of water.

BEAD CLAY:

3/4 cup flour

1/2 cup salt

1/2 cup cornstarch

warm water

toothpicks

string

paint

sealant (optional)

Mix flour, salt and cornstarch in a bowl. Add warm water gradually until mixture forms a shape. Knead. Form into beads and pierce with toothpicks. Allow to dry. Paint and string the beads. Seal if desired.

PAIPER-MACHE:

4 large newspaper sheets

2 quarts of water

2 tablespoons Elmer's glue

2 tablespoons wall paper paste

clear vinyl sealer or sealer (optional, for waterproofing)

sodium phosphate (optional, for fireproofing)

Tear four large newspaper sheets into small pieces. Place pieces in container with 2 quarts of water and let soak overnight.

The next morning, place mixture in a cooking pan and boil for 20 minutes. Using a whisk, whip the paper mixture until it is soft and pulpy. Place the mixture in a strainer, tapping several times to shake out the water. Squeeze gently until the mixture is a soft, pulpy, moist lump. Place pulp into a bowl and stir in 2 tablespoons of liquid Elmer's glue, then 2 tablespoons of wall paper paste. Stir until the mixture is smooth. This makes one quart of paiper-mache mash.

Notes: Sanded or not, papier-mache objects may be painted with any water-based paint. To waterproof surfaces of paiper-mache objects and make them more durable, spray the finished object with a clear vinyl sealer or give it at least 3 coats of laquer. To fireproof an object stir in one teaspoon of sodium phosphate to each cup of paste for strips, or to each cup of water when making the mash.

Warning: Could be toxic if ingested

BALLOON BLOB:

Regular balloons

All-purpose flour

1. Blow up a balloon and keep it inflated for at least 1 minute. Do NOT tie a knot in the end. After 1 minute, let all the air out.
2. Fit a funnel into the open end of the balloon. Carefully spoon flour into the funnel, tapping and shaking the funnel to get the flour into the balloon. Put as much flour into the balloon as you can.
3. Remove the funnel. Tie a knot in the end of the balloon.
4. Wash and dry the balloon blob
5. Draw a face or design on the blob if you like. Push, pull, and stretch it into different shapes.