



Limerick Children's Services

Limerick Early Intervention Services
Limerick School Age Team

Blackberry Park, Ballykeeffe,
Dock Road, Limerick

Tel: 061 498161 Fax: 061 308127 (0-6yrs)
Tel: 061 498733 Fax: 061 308127 (6-18yrs)

AUTISM FRIENDLY SENSORY HAIR-CUT SESSIONS



Barber Blacksheep in conjunction
with Blackberry Park



If your child has Sensory processing Difficulties or Autism, haircuts can be traumatic!

Bringing children with sensory issues to get their hair cut can also be very frustrating for parents. Parents have commented "...you struggle to cope with staring eyes, apologising to the hairdresser as your child melts down, screams, cries..." and that after all of this, they may leave with a very unfinished haircut.

In an initiative to make this a less stressful and more successful experience, we are holding Sensory Hair-Cut Sessions with Dave Gillespie from Barber Blacksheep and Rosemary O'Regan, Occupational Therapist at Blackberry Park Children's Services.

Our aim is to make hair cutting experiences as comfortable as possible for everyone involved in a child friendly environment using; sensory equipment, toys, visual schedules. 1st / then boards and iPad's to cater for your child's individual needs.

Social Stories are available to help prepare your child for what will happen when getting their hair cut.

The haircutting room will be available for your child to come and visit to aid with becoming familiar with the set up and equipment and to allow your child to build up their tolerance for hair cutting and establish a routine. (please call Rosemary, OT to arrange this)

30 minute private slots will be allocated to aid with reducing sensory overload and anxiety for both you and your child!

Appts are available from 9:30am-6pm

Please contact Blackberry Park to secure your slot.

**Cost per haircut: €20
payable to Dave (Barber Blacksheep)**

Testimonials

Please see Barber Blacksheep Facebook page for further testimonials

I was at barber black sheep this morning with my son (ASD) they were amazing so patient with him and me... had visual schedules plenty of toys and a tv and he can put anything on for you...you have the place to yourself so there are no looks from any other people if your child is having a tantrum... I really didn't think we would get it done but we did and I was delighted... best haircut my son has ever had....



Went to a sensory session this morning with my son, you were fantastic with him David and the haircut was perfection. First cut in almost 6 years where he hasn't been upset thank you so much and see you again.

Before we started going to Dave, Oran would become very distressed when getting his hair done, so much so that we stopped going to barbers and shaved his hair ourselves at home. I hated bringing him to get his hair done, but within 5 mins of meeting Dave and actually sitting in the chair he had the cape on Oran and was so relaxed (so was mummy) it was the best experience we've had at a barber's and continues to be. The level of love and understanding Dave shows Oran on every visit is amazing. We don't just go and get Orans head shaved, now he gets a proper boys stylish haircut.....even with gel! Thank you so much Dave, I couldn't recommend you enough.