

West Limerick Children's Services are please to host:

Toilet Training / Enuresis workshop Children with special needs 0-18 years



Monday 21st Oct 2019, 11.30am - 5pm

Who is this for?

Parents, Pre-School staff, AIM staff, teachers, Inclusion Support Assistants, clinicians, multidisciplinary team members

Venue: Longcourt Hotel, Newcastle West, Co. Limerick

Free admission (booking required) places are limited so please email aisling.finucane@hse.ie to book a place – places will be allocated on a first come first served

basis.

Workshop content:

- Toilet training including Autism, sensory difficulties and physical disabilities.
 - Aids and equipment
 - Toileting Plan
- Bladder and Bowel management
 - Constipation and the causes
 - Holding
 - Soiling
- Daytime wetting and acquisition of bladder control
- Night time wetting
 - Causes, reasons, alarms, treatments
- Infant Dyschezia
- Smearing



Meet Fiona!

Fiona started working with disabled children at 12, when she was a volunteer in a children's home and later in a Scope Grammar School. This led her to a career in nursing children, initially at Great Ormond Street, London. Fiona explored various other areas of nursing whilst bringing up her own, now grown-up four children, including nursing the elderly.

10 years as a Special School Nurse got her hooked on continence. She realised that too many children were not given the opportunity to achieve this fundamental skill but with the desire, joined-up working and some crazy ideas, she could make it work for most. Fiona went on to undertake both Adult and Paediatric Continence degree modules, working in a specialist role for the past 10 years.

When she is not working, Fiona still seems to talk poo and wee with anyone who will listen! She also enjoys anything arty crafty and pottering around gardens, walking and enjoying nature.

Currently she teaches on Continence issues for 3 different charities and has a role responding to requests for advice from families and professionals. In addition to this she works as a Clinical Nurse Specialist in Cheshire.

BOOKING ESSENTIAL

Booking

Email: <u>aisling.finucane@hse.ie</u> by the 9th October to book a place – emails received after this date will not guarantee a place on the day as places are limited.

Please put ENURESIS TRAINING in the subject line of your email.

Please provide your Name, telephone number and indicate if you are attending as a parent of a child with special needs or as a person working with children with special needs and your work place e.g. school/preschool etc.