



Toilet Training / Enuresis workshop

Children with special needs 0-18 years



Monday 21st October 2019, **West Limerick Childrens Services**

Tuesday 22nd October 2019, **Clare Childrens Services**

Wednesday 23rd October, **Nth Tipperary Childrens Services**

Thursday 24th October 2019, **St Joseph's Foundations**

Venue: To be confirmed by each centre

Workshop content:

(Each day will be tailored specifically for the audience attending)

- Toilet training including Autism, sensory difficulties and physical disabilities.
 - Aids and equipment
 - Toileting Plan
- Bladder and Bowel management
 - Constipation and the causes
 - Holding
 - Soiling
- Daytime wetting and acquisition of bladder control
- Night time wetting
 - Causes, reasons, alarms, treatments
- Infant Dyschezia
- Smearing



Meet Fiona!

Fiona started working with disabled children at 12, when she was a volunteer in a children's home and later in a Scope Grammar School. This led her to a career in nursing children, initially at Great Ormond Street, London. Fiona explored various other areas of nursing whilst bringing up her own, now grown-up four children, including nursing the elderly.

10 years as a Special School Nurse got her hooked on continence. She realised that too many children were not given the opportunity to achieve this fundamental skill but with the desire, joined-up working and some crazy ideas, she could make it work for most. Fiona went on to undertake both Adult and Paediatric Continence degree modules, working in a specialist role for the past 10 years.

When she is not working, Fiona still seems to talk poo and wee with anyone who will listen! She also enjoys anything arty crafty and pottering around gardens, walking and enjoying nature.

Currently she teaches on Continence issues for 3 different charities and has a role responding to requests for advice from families and professionals. In addition to this she works as a Clinical Nurse Specialist in Cheshire.

To Book a place please call the relevant centre:

(Booking is essential)

West Limerick Childrens Services, Gortboy, Newcastlewest, Co. Limerick – 069 -61919

Clare Childrens Services, Lifford Rd, Ennis, Co. Clare – 065 – 6863500 (10am – 2pm)

Nth Tipperary Childrens Services, Belmont, St. Conlon's Road, Nenagh, Co. Tipperary – 067 - 40130

St Joseph's Foundation, Baker's Road, Charleville, Co. Cork – 063 - 89252