

UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H

Understanding Your Child's Behaviour

The Solihull Approach – Supporting Parent-Child Relationships (8-11 years)

Start Date: 4th April 2019

End Date: 27th June 2019

Time: 10.00am – 12.30pm

Venue: Barrack View Primary Care Health Centre, Lord Edward Street, Limerick

Facilitators: Megan McGinley and Sarah Summerville



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- For parents who want to know more about sensitive and effective parenting.
 - To support the development of a healthy parent/child relationship and promote behaviour management.
 - 2.5 hours weekly X 10 weeks in Barrack View Primary Care Centre.
 - Issues explored include:
 - Parenting styles
 - Communication
 - Temper tantrums
 - Behavioural difficulties
 - Sleep patterns
 - Exploring feelings

BOOKINGS AND INFORMATION:

This Solihull Approach Group is for parents and carers living in the Limerick City and County area.

Booking is essential for this discussion group as places are limited.

Please contact **061 461774** or **061 461791** for more information.