

# Small changes, big differences.



## Group Triple P

Takes the guesswork out of parenting

**FIND OUT MORE AT OUR INFORMATION SESSION**

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**DATE: 15<sup>th</sup> OF FEBRUARY 2019**

**TIME: 10am-11am**

**VENUE: WEST LIMERICK CHILDREN SERVICES**

**PRESENTERS: FIONA GOULD AND JILLIAN MULQUEEN**

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### INFORMATION AND BOOKING

Stepping Stones Triple P has been developed for parents of children aged 2-12 with a developmental disability. It gives you ways to deal with the kinds of childhood behaviour problems and issues that can make family life stressful. Stepping Stones Triple P has been evaluated with real families and has been shown to work with children with intellectual and physical disabilities who have disruptive behaviour. During the sessions you'll meet with a small group of parents who also have a child with a disability. There will be six sessions of around 3 hours each in the clinic with an additional three sessions over the phone at a time which suits you. The programme will run on Friday's starting the 15<sup>th</sup> of March 10am-1pm. If you would like to attend please come to our information session. Please note places are limited and a waiting list will apply.

[www.triplep-parenting.net](http://www.triplep-parenting.net)