

Small changes,
big differences.



Two hours is all you need for a **Teen Triple P Discussion Group**

Positive parenting help for **Reducing Family Conflict**

Common issues discussed in this group include:

- Becoming aware of parent traps
- Encouraging family harmony
- Managing conflict
- Along with many more ...

DATE: 19th February

TIME: 10am- 12pm

VENUE: Barrack View Primary Care Centre,
Lord Edward Street, Co. Limerick

PRESENTER: Amy Walsh and Niamh Davoren

BOOKINGS AND INFORMATION:

Teen Triple P Discussion Groups are for parents living in the Limerick City and County area.

Booking is essential for this discussion group as places are limited.

Please contact **061 461788** or **061 461792** for more information.