



## **Parent Information and Workshop Day**

For parents of young children with Down syndrome (up to 6 years of age approximately)

**Venue:** Maldron Hotel, Roxboro, Limerick

**Date:** Tuesday, 13<sup>th</sup> November 2018

**Time:** 9.30am – 4.00pm

**Cost:** €20 (to include refreshments and lunch)

**Bookings can be made [here](#)**

Down Syndrome Ireland are delighted to offer this full day event to parents of young children with Down syndrome! It will be a fantastic day of workshops, networking and information sharing. A variety of workshops will take place on the day, ranging from information about supporting positive behaviour, the Access and Inclusion Model, optimal nutrition and family entitlements.

### Workshops on the day:

- ***Promoting Functional Interaction and Engagement in young children with Down syndrome***  
– Delivered by Dr Maria Gomes and Dr Marie Kennedy (Clinical Psychologists) St Gabriel's Children's Service.  
This practical workshop will explore supporting positive behaviour of young children with Down syndrome.
- ***The Access and Inclusion Model (AIM)*** –  
Delivered by Sandra Collins, AIM National Service Coordinator  
This workshop will provide an overview of the Access and Inclusion Model (AIM), which is a model of supports designed to ensure that children with disabilities can access preschool settings. It will include information about supports available for children with Down syndrome in preschool.
- ***Maximising Family Nutrition*** –  
Delivered by Christine O'Sullivan, Nutritional Therapist  
During this workshop, Christine will discuss digestion and how to maximise it, common tummy issues, along with the most important nutrients for optimal growth and development during childhood. This workshop will be helpful for all the family but Christine will be available to answer any specific queries about your child/children.

Throughout the day, you will also have the opportunity to meet representatives from:

***Down Syndrome Ireland*** – Eimear from Down Syndrome Ireland will be available to answer any queries you may have about supporting your child with Down syndrome.

***City and County Childcare Committees*** – Marie from Limerick Childcare Committee will be available with information about National Childcare Funding Programmes, and also to explain how City and County Childcare Committees can support you.

***Family Carers Ireland*** – a representative from Family Carers Ireland will be available to answer any queries you may have about financial supports available to your family.

A full agenda for the day will follow shortly.

\*\*The Maldron Hotel, Limerick is located just off the M7 and M20 motorways. Free parking is available for attendees on the day. See <https://www.maldronhotellimerick.com/location/> for more information.

**Contact:** For any questions or queries about the day please contact Eimear Collins , Early Intervention Officer – [eimear@downsyndrome.ie](mailto:eimear@downsyndrome.ie)

