



6 Week Active EVA Course for 7-12 year olds

This course will help children get active and learn cycling and fundamental movement skills by having lots of fun, (e.g. running, rolling, throwing, twisting, and jumping).

The number of places on the course are limited to help tutors give as much 1:1 time with the children as possible.

Venue: Clarecastle NS

Day: Saturday

Dates: **FREE trial session** on 13th October,

The dates for the 6 week course are; Oct 20th, 27th, Nov 10th, 17th, 24 & Dec 1st

Time: 9.30-11am

Cost for 6 weeks €50

- Registration and payment is due at the free trial session on Saturday 13th October between 9.30-11am in Clarecastle N.S.
- Places will be allocated on a first come first served basis. A waiting list will apply if over subscribed.
- We need parents to volunteer and assist with the safe running of the sessions.
- The cycling tutor will supply bicycles and helmets for the children.
- For further information contact Laura Lyons on lauracmchugh@yahoo.ie or 086 3848795

This is a subsidised programme offered by EVA in conjunction with Healthy Ireland and the Clare Sports Partnership