



The whys & hows of
**TEMPER
TANTRUMS**

WEDNESDAY 20TH JUNE
10am – 12 noon

**SLEEP
PROBLEMS**

from infancy to adolescence

FRIDAY 6TH JULY
10am – 12 noon



All about

**SCREEN
TIME**

for toddlers



WEDNESDAY 1ST AUGUST
10am – 12 noon

The ins and outs of

BULLYING

for Primary School
children



FRIDAY 7TH SEPTEMBER
10am – 12 noon

Your child's

**SELF
ESTEEM**

throughout their lifetime

FRIDAY 5TH OCTOBER
10am – 12 noon



PARENT WORKSHOPS 2018

Where?

Barrack View Primary Care
Centre, Lord Edward St.,
Limerick

For who?

Parents, carers & guardians
living in Limerick City &
County.

By who?

Limerick Primary Care
Psychology Service

For more information call
061 461789 or 061 461791.



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