



Psychology Parenting Support Clinic

Need some advice about your child's:

Temper
Tantrums
June

Screen Time
August

Self-Esteem
October

Sleep
July

Bullying
September

Come to our monthly parenting support clinic in **Barrack View, Lord Edward Street, Limerick.**

The second and fourth Tuesday of every month between 10.00 am – 12.45 pm.

The clinic is run by Dr. Helen Dempsey and Dr Sally Flynn, Clinical Psychologists.

For more information or if you are unsure if your concern is for this clinic, please contact us on 061 461792 or 061 461788.

Please note parents attend without children.

Topic July, 2018 is: **Sleep**

This is a free and confidential service run by HSE Psychology on a first come first served basis for parents living in Limerick City & County.

Seirbhís Sláinte
Níos Fearr
á Forbairt | Building a
Better Health
Service