

Child and Family Psychology Centre,

Barrack View Primary Care Centre,

Lord Edward Street,

Limerick.

061 461800

## **Re: New Parent Support Psychology Service**

Dear Colleague,

I am writing to inform you of a recently-developed Parent Support Clinic that may be beneficial to some of your clients. The Psychology Parent Support Clinic will take place in the Barrack View Primary Care Centre on Lord Edward Street, Limerick. The clinics are hosted by Child and Family Psychology and will be run by Assistant Psychologists/Clinical Psychologists. This is aimed at parents who are concerned about common parenting challenges and need assistance/guidance. It is a pilot service, and with the feedback of parents, we can aim to evaluate its effectiveness.

It will take place fortnightly. Parents will be allocated individual slots lasting 30 minutes. Each month will have a different theme; for example, toileting, sleeping problems, etc. In this way, staff can be prepared for all issues and parents can receive relevant advice and assistance. It would be hugely appreciated if you could share the details of this Parent Support Clinic with parents that you meet through your service.

We are hosting an <u>information and coffee morning on Tuesday 29<sup>th</sup> of May from 10.30-11.30am</u>. Further information about the support clinic will be provided and any queries you may have about the new service will be answered by our team.

We would greatly appreciate your support in promoting this new service which is aiming to address an unmet need in our community. Attached is a poster, further outlining information regarding the Parent Support Clinic. I would be grateful if you would kindly display the poster in your service.

We would love to see you at our coffee morning on May 29<sup>th</sup>. For any questions and to RVSP, feel free to contact us on 061 461792 or 061 461788.

Kind regards,

Yours sincerely,

Amy Walsh,

**Assistant Psychologist**