

# WEST LIMERICK CHILDRENS SERVICES

## UPCOMING SIBSHOP

### FEBRUARY 2018

**West Limerick Children's Services are planning to run a Sibshop in February 2018. This group is aimed at siblings aged 8-12 years in primary school. If you are interested in your child attending please contact the service before Friday 26th of January with your child's name and age.**

#### **What are Sibshops?**

Sibshops are opportunities for brothers and sisters of children with special needs to obtain peer support and education within a recreational context. Sibshops provides siblings an opportunity to explore their feelings, joys and concerns of having a sibling with special needs. It also provides an opportunity for brothers and sisters to gather more information about their sibling's disability

#### **Who attends Sibshops?**

The Sibshops are designed for children who are siblings of children with disabilities.

#### **What are the goals of the Sibshop?**

##### Goal 1.

Sibshops will provide brothers and sisters of children with special needs an opportunity to meet other siblings in a relaxed, recreational setting.

##### Goal 2.

Sibshops will provide brothers and sisters with opportunities to discuss common joys and concerns with other siblings of children with special needs.

##### Goal 3.

Sibshops will provide brothers and sisters an opportunity to learn how to handle situations commonly experienced by siblings of children with special needs.

##### Goal 4.

Sibshops will provide siblings with an opportunity to learn more about the implications of their brother's and sister's special needs.